

Prevention To **RECOVERY**

Best achieved with
Southgate Physio

📍 10 Onslow parade
Hampden Square,
London N14 5JN, U.K.

☎ 020 8368 6767

✉ southgatephysio@yahoo.com

Office Hours :

Mon – Fri : 9am to 8pm

Sat : 9am to 2pm

ABOUT THE COMPANY

A well-known and trusted sports injury clinic and health care centre in London, Southgate Physio is also a go-to destination for musculoskeletal injuries and elderly rehabilitation. Supporting your healthy living goals and rehab endeavors, we have, since our inception, built a strong reputation amongst our existing clientele. Our team of well-trained and experienced physiotherapists are renowned and liked for their efficiency and care giving attitude to an extensive range of patients.

SPORTS INJURY REHABILITATION & SPORTS MASSAGE

Whether you are a professional athlete or are a recreational sport enthusiast, Southgate Physio clinic's sports injuries rehabilitation service meets your individual needs with proficiency. Get hands-on care for acute sprains, sports injuries and pains caused from sports.



PAIN MANAGEMENT

Southgate Physio clinic offers comprehensive and fitting pain management services for Pain relief. We can aid you in coping with all types of aches irrespective of the affected region.

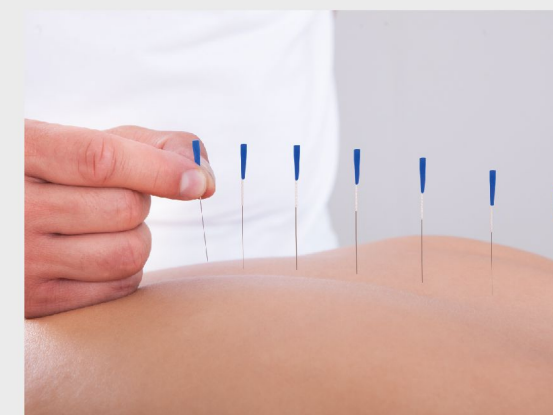


MUSCULOSKELETAL INJURIES TREATMENT & REHABILITATION

Avail our diagnosis, treatment and rehab, which bring together a successful combination of manual and technical expertise for treating Musculo skeletal injuries.

ACUPUNCTURE

Southgate Physio clinic offers tailored acupuncture services to treat all types of bodily aches at very cost effective price.



PILATES

This discovery by Joseph Pilates can up your body strength and flexibility. Restore your health and overall well-being by Southgate Physio clinic's Pilates services On Reformer and Cadillac equipment.

THERAFLEX TREATMENT

Southgate Physio offers revolutionary Theraflex treatment services to effectively treat neck and back pain which also promotes spinal flexibility and elasticity. Our unique approach to your physical problems makes use of special equipment that heralds comfort and good health.



SHOCKWAVE THERAPY

Stimulate cell metabolism and put an end to all causes of pain by way of our shockwave therapy, which makes use of mechanical pressure waves to confront your orthopaedic complications.

ELDERLY REHABILITATION

Osteoarthritis, joint replacement, fracture rehabilitation or any post-operative treatment Southgate Physio facilities remit your age-related problems, so you can wave goodbye to injury risk and decrease in mobility due to advanced age.



HOME VISITS

If you are too unwell or not mobile enough to visit physiotherapy clinic, Southgate Physio can easily make arrangements for home care. Our therapists will provide you Pain relief and rehabilitation services for mobility issues, balance problems, post-operative rehabilitation in the comfort of your home.