


Contact Us To Book Your Consultation Today

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## Introducing Ultrasound Guided Injection Therapy and Musculoskeletal Ultrasonography Services

- High- quality, evidence-based care
- Trained and certified professionals
- Your health and comfort are our priorities

## What Is Injection Therapy?

Injection therapy involves the delivery of medication directly into specific tissues or joints to relieve pain, inflammation, or other symptoms. It's a safe and effective treatment often recommended for conditions like:

1. Osteoarthritis of knee, shoulder, hip, ankle, big toe.
2. Carpel tunnel syndrome.
3. Tendinitis like tennis elbow, peroneal tendinitis ,golfers elbow, De Quervain's tenosynovitis.
4. Bursitis eg. greater trochanteric bursitis, subacromial subdeltoid bursitis.
5. Plantar fasciitis.

## Why Choose Southgate Physio Clinic?

### • Expertise You Can Trust

Our clinicians are fully licensed and receive ongoing training in injection therapy techniques.

### • Patient-Centric Care

1. Comprehensive pre-assessment
2. Personalized treatment plans
3. Detailed aftercare guidelines

### • High Standards of Safety and Hygiene

1. Sterile environment.
2. Use of single-use, disposable needles.
3. Adherence to all safety guidelines.

## What To Expect

1. **CONSULTATION:** Full assessment and diagnosis.
2. **DISCUSSION:** Risks, benefits, and alternatives.
3. **CONSENT:** Informed consent from the patient.
4. **PROCEDURE:** Administering the injection.
5. **AFTERCARE:** Post-procedure monitoring and follow-up.



## Services Offered

### ULTRASOUND GUIDED AND UNGUIDED INJECTION

**CORTICOSTEROID INJECTION:** Steroids reduce inflammation, providing relief from pain.

**HYALURONIC ACID INJECTION:** Hyaluronic acid works by supplementing the natural hyaluronic acid found in synovial fluid, which helps to lubricate the joint, thereby reducing pain and improving mobility.

**EG:** Osteonil, Durolane

**DIAGNOSTIC MUSCULOSKELETAL ULTRASOUND SCAN:** It is a non-invasive imaging technique that uses high-frequency sound waves to produce real-time images of soft tissues, muscles, and joints. This technology is increasingly being used in the field of musculoskeletal medicine for both diagnosis and guidance during certain therapeutic procedures.

**VITAMIN B12 INJECTIONS:** Vitamin B12 injections are a common treatment for individuals diagnosed with a deficiency in this essential nutrient. Vitamin B12 is crucial for a variety of physiological processes including red blood cell formation, DNA synthesis, nerve function, and metabolism.